Holding hands

Always hold hands with your child.
• If you have a younger child in a pram or buggy, encourage your child to hold onto the handle. Explain that it is difficult to hold their hand and manoeuvre the pram or buggy.
• Holding hands brings you closer together and helps your child feel secure.
• Children love the idea that they could keep Mum and Dad safe by holding hands.

Ask open questions:
• Why do we hold hands?
• When is it difficult to hold hands?
• What are we stopping for?
• What are we looking for?
• Why don't we run into the road?

Remember, holding hands stops your child from running into the road and gives you both a safe feeling.