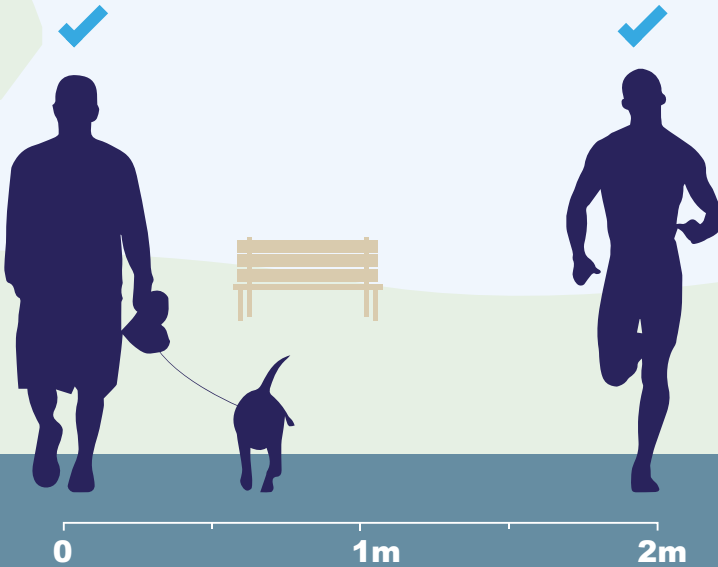




Taking your daily exercise?

Follow the crowd and give them a wide berth



Reducing close social interaction (within 2m) between us will help reduce the spread of Coronavirus.

Protect yourself. Protect those around you. Protect the NHS

Luton

NHS


Public Health
England

For more information on how to protect yourself,
visit [NHS.uk/coronavirus](https://www.nhs.uk/coronavirus)