

Luton Family Information Service

Luton Family Information Service provides free information, advice and guidance on a variety of services, helplines and websites that are useful to parents, carers, children and young people.

Help finding childcare, getting your free entitlements and claiming the right benefits:

- childminders, pre-schools and nurseries
- free childcare for 2, 3 and 4 year olds, including the extended free entitlement
- tax credits, tax free childcare, Universal Credit, Childcare Vouchers
- children's centres
- stay and play groups
- before and after school care
- holiday play schemes and activities
- childcare for children with additional needs and disabilities.

We can provide you with a free tailor made list of local childcare, taking into account your child's needs, your working pattern, school drop off and pick-ups.

 **01582 548888**

 **fis@luton.gov.uk**

 **www.luton.gov.uk/fis**

8.45am to 5.15pm Monday to Thursday
8.45am to 4.30pm Friday

Or visit the Luton Directory at



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Information for your whole family:

- parenting support and classes
- youth clubs
- youth service organisations
- leisure activities
- working with children
- additional needs and disabilities
- counselling and therapy
- health services
- financial and legal services
- drug and alcohol services
- housing and homelessness
- and much more.

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