

General Health and Limiting Long Term Illness in Luton

Analysis of 2001 Census Data for Luton and the East of England Region

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Contents

Gender and Age by General Health and Limiting Long Term Illness

Hours of care provided

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Introduction

This paper aims to give a detailed insight into health in Luton within the context of the East of England region, and also of Luton's wards within the Borough. It considers limiting long-term illness, general health, and hours of care.

The paper draws upon detailed information from the 2001 Census, and alongside tables of data, charts and text, aims to highlight key trends.

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 **New Ward Boundaries**

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General Health and Limiting Long Term Illness

- Table 1 - General Health and Limiting Long Term Illness by Ward – All People
- Table 2 - General Health and Limiting Long Term Illness by County/Unitary Authority - All People

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Table 1 - General Health and Limiting Long Term Illness by Ward – All People						
	All People			Percentage of people whose health was:		
	Total	No. with limiting long term illness	% with limiting long term illness	Good	Fairly good	Not good
Luton	184,371	28,213	15.3%	69.6%	22.3%	8.1%
Barnfield	7,032	787	11.2%	76.8%	18.2%	5.1%
Biscot	12,957	2,031	15.7%	69.2%	21.8%	9.0%
Bramingham	7,584	814	10.7%	77.2%	18.3%	4.6%
Challney	11,819	1,978	16.7%	68.0%	23.8%	8.2%
Crawley	7,113	998	14.0%	69.5%	23.4%	7.1%
Dallow	13,154	2,055	15.6%	68.7%	22.4%	8.9%
Farley	10,986	1,984	18.1%	66.3%	24.1%	9.6%
High Town	7,062	1,199	17.0%	68.0%	23.4%	8.6%
Icknield	7,556	1,233	16.3%	68.8%	22.9%	8.3%
Leagrave	11,194	1,823	16.3%	68.1%	23.4%	8.6%
Lewsey	12,654	2,172	17.2%	66.7%	23.8%	9.6%
Limbury	7,675	1,151	15.0%	70.6%	22.0%	7.4%
Northwell	8,258	1,338	16.2%	68.1%	22.6%	9.3%
Round Green	10,868	1,731	15.9%	69.0%	22.8%	8.2%
Saints	11,724	1,792	15.3%	68.9%	22.7%	8.4%
South	10,364	1,869	18.0%	66.2%	23.7%	10.1%
Stopsley	7,105	1,036	14.6%	71.5%	21.5%	7.0%
Sundon Park	7,585	1,051	13.9%	69.5%	23.5%	7.0%
Wigmore	11,681	1,171	10.0%	76.9%	18.1%	5.0%

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Table 2 - General Health and Limiting Long Term Illness by County/Unitary Authority - All People						
	All People			Percentage of people whose health was:		
	Total	No. with limiting long term illness	% with limiting long term illness	Good	Fairly good	Not good
Bedfordshire	381,572	54,543	14.3%	72.5%	20.7%	6.7%
Cambridgeshire	552,658	80,771	14.6%	72.5%	20.8%	6.7%
Essex	1,310,835	215,471	16.4%	70.5%	21.8%	7.7%
Hertfordshire	1,033,977	145,618	14.1%	73.1%	20.3%	6.6%
Luton	184,371	28,213	15.3%	69.6%	22.3%	8.1%
Norfolk	796,728	154,279	19.4%	66.1%	24.9%	9.1%
Peterborough	156,061	26,285	16.8%	68.6%	22.9%	8.5%
Southend-on-Sea	160,257	30,680	19.1%	66.9%	23.8%	9.3%
Suffolk	668,553	114,292	17.1%	69.4%	22.8%	7.8%
Thurrock	143,128	23,016	16.1%	70.1%	22.1%	7.8%
East of England	5,388,140	873,168	16.2%	67.6%	23.3%	9.1%
England and Wales	52,041,916	9,484,856	18.2%	68.6%	22.2%	9.2%

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- The proportion of people in Luton with a limiting long-term illness (15.3%) is below both the regional and national averages, although it is not the lowest within the region. With a relatively young population compared to other districts within the East of England, it could be expected that Luton would have a lower proportion of people with a limiting long-term illness, although table 2 shows that there are three other areas which have a lower proportion than Luton – Bedfordshire, Cambridgeshire and Hertfordshire.
- At the ward level, it is the inner wards that tend to have the highest proportion of people with a limiting long-term illness; for example, the two wards with the highest proportions are Farley (18.1%) and South (18.0%). Conversely, the outer wards tend to have the lowest proportions: for example, Bramingham (10.7%) and Wigmore (10.0%).

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Hours of care¹ provided

- Table 3 - Hours of care provided by Ward – number
- Table 4 – Hours of care provided by Ward - percentage
- Table 5 - Hours of care provided by County/Unitary Authority – number
- Table 6 - Hours of care provided by County/Unitary Authority - percentage

¹ Care is defined as any help or support to family members, friends, neighbours or others because of long term physical or mental ill health or disability or problems relating to old age

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Table 3 - Hours of care provided by Ward - number				
	All People			
	Provides no care	Provides 1 to 19 hours care	Provides 20 to 49 hours care	Provides 50 or more hours care
Luton	168,279	10,806	1,954	3,332
Barnfield	6,373	531	41	87
Biscot	11,940	613	170	234
Bramingham	6,907	532	56	89
Challney	10,749	696	143	231
Crawley	6,506	389	71	147
Dallow	12,146	564	166	278
Farley	10,026	592	127	241
High Town	6,463	395	75	129
Icknield	6,662	686	79	129
Leagrave	10,192	662	121	219
Lewsey	11,560	655	159	280
Limbury	6,958	512	88	117
Northwell	7,577	423	103	155
Round Green	9,853	686	121	208
Saints	10,712	645	132	235
South	9,652	513	87	112
Stopsley	6,357	551	63	134
Sundon Park	6,903	458	72	152
Wigmore	10,743	703	80	155

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Table 4 - Hours of care provided by Ward - percentage				
	All People			
	Provides no care	Provides 1 to 19 hours care	Provides 20 to 49 hours care	Provides 50 or more hours care
Luton	91.3%	5.9%	1.1%	1.8%
Barnfield	90.6%	7.6%	0.6%	1.2%
Biscot	92.2%	4.7%	1.3%	1.8%
Bramingham	91.1%	7.0%	0.7%	1.2%
Challney	90.9%	5.9%	1.2%	2.0%
Crawley	91.5%	5.5%	1.0%	2.1%
Dallow	92.3%	4.3%	1.3%	2.1%
Farley	91.3%	5.4%	1.2%	2.2%
High Town	91.5%	5.6%	1.1%	1.8%
Icknield	88.2%	9.1%	1.0%	1.7%
Leagrave	91.0%	5.9%	1.1%	2.0%
Lewsey	91.4%	5.2%	1.3%	2.2%
Limbury	90.7%	6.7%	1.1%	1.5%
Northwell	91.8%	5.1%	1.2%	1.9%
Round Green	90.7%	6.3%	1.1%	1.9%
Saints	91.4%	5.5%	1.1%	2.0%
South	93.1%	4.9%	0.8%	1.1%
Stopsley	89.5%	7.8%	0.9%	1.9%
Sundon Park	91.0%	6.0%	0.9%	2.0%
Wigmore	92.0%	6.0%	0.7%	1.3%

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Table 5 - Hours of care provided by County/Unitary Authority - number				
	All People			
	Provides no care	Provides 1 to 19 hours care	Provides 20 to 49 hours care	Provides 50 or more hours care
Bedfordshire	345,703	26,667	3,268	5,934
Cambridgeshire	501,985	37,639	4,414	8,620
Essex	1,181,599	92,872	12,183	24,181
Hertfordshire	937,787	72,234	8,449	15,507
Luton	168,279	10,806	1,954	3,332
Norfolk	715,075	56,653	8,160	16,840
Peterborough	141,362	9,920	1,606	3,173
Southend-on-Sea	144,284	11,263	1,481	3,229
Suffolk	602,067	47,568	6,338	12,580
Thurrock	129,790	8,864	1,569	2,905
East of England	4,867,931	374,486	49,422	96,301
England & Wales	46,824,111	3,555,822	573,647	1,088,336

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Table 6 - Hours of care provided by County/Unitary Authority - percentage				
	All People			
	Provides no care	Provides 1 to 19 hours care	Provides 20 to 49 hours care	Provides 50 or more hours care
Bedfordshire	90.6%	7.0%	0.9%	1.6%
Cambridgeshire	90.8%	6.8%	0.8%	1.6%
Essex	90.1%	7.1%	0.9%	1.8%
Hertfordshire	90.7%	7.0%	0.8%	1.5%
Luton	91.3%	5.9%	1.1%	1.8%
Norfolk	89.8%	7.1%	1.0%	2.1%
Peterborough	90.6%	6.4%	1.0%	2.0%
Southend-on-Sea	90.0%	7.0%	0.9%	2.0%
Suffolk	90.1%	7.1%	0.9%	1.9%
Thurrock	90.7%	6.2%	1.1%	2.0%
East of England	90.3%	7.0%	0.9%	1.8%
England & Wales	90.0%	6.8%	1.1%	2.1%

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- Luton, of all the authorities in the East of England, has the highest proportion of people who do not provide any care, 91.3%. That the Borough has a relatively young population could explain why this should be the case, particularly as Norfolk, which has the lowest proportion of people aged 0-15 of all the authorities shown above, has the lowest proportion of people who do not provide any care (and thus the highest proportion who do provide care). It is reasonable to assume that an older population will require more care than a younger one.
- At ward level, there are variations in the proportions of people who do not provide any care to others, ranging from 88.2% in Icknield, to 93.1% in South.

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