

Luton Relationships and Health Education Resources: Quality Assurance

Primary schools

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Relationship and Health Education (RHE)

The purpose of RHE is to enable children and young people to grow up to be safe, healthy and happy citizens of modern Britain. RHE must always be appropriate to pupils' age and stage of development and is an essential part of safeguarding. A well delivered RHE curriculum with high quality resources and trained staff is an important element in ensuring that this purpose is fully met.

There is currently a vast array of RHE resources available to schools and so Luton Council have set out 12 principles that any resources must meet in order to be Luton RHE approved.

The 12 principles of a quality primary school RHE resource

A Luton Council approved RHE resource:

	The 12 principles of a quality primary school RHE resource
1	Is an identifiable part of a Personal, Social and Health education (PSHE) curriculum, which has planned, timetabled lessons across all the Key Stages
2	Is delivered by trained staff and can be enhanced by outside experts
3	Enables schools to work in partnership with parents and carers, informing them about what their children will be learning about and how they can contribute at home
4	Helps teachers to deliver lessons in which pupils feel safe and encourages participation by using a variety of teaching approaches with opportunities to develop critical thinking and relationship skills
5	Is based on reliable sources of information, including about the law and legal rights, and distinguishes between fact and opinion
6	Promotes safe, equal, caring and enjoyable relationships and discusses real-life issues appropriate to the age and stage of pupils, including friendships, families, consent and safety online
7	Gives honest and medically accurate information, so that pupils can learn about their bodies, puberty and reproductive health in ways that are appropriate to their age and maturity
8	Gives pupils opportunities to reflect on values and influences (such as from peers, media, faith and culture) that may shape their attitudes to relationships and nurtures respect for different views
9	Includes learning about how to get help and support from sources such as the school nurse, school safeguarding staff and other advice services, including reliable information online

The 12 principles of a quality primary school RHE resource	
10	Fosters equality and respect across the protected characteristics (particularly gender, race, religion, sexual orientation, disability) and challenges all forms of discrimination in RHE lessons and in every-day school life
11	Meets the needs of all pupils with their diverse experiences - including those with special educational needs and disabilities
12	Seeks pupils' views about RHE so that teaching can be made relevant to their real lives and assessed and adapted as their needs change

The 12 principles are based on research evidence and are supported by a wide range of partners including NSPCC, Barnardo's, The Children's Society and National Children's Bureau, and the following education unions: ASCL, NASUWT, NEU, NAHT, UNISON and Voice.