The Service is free and confidential; It is appointment based to meet both the needs of those working or unemployed.

Visit us on

Facebook
Luton Mums Tokko

Facebook
Tokko Young Fathers Luton

Twitter
@tokkototz

TOKKO YOUTH SPACE
7 GORDON STREET
LUTON
BEDFORDSHIRE
LU12QP
01582 544990

Are you a young parent up to the age of 24?
Do you need support?
Contact the young parents team on 01582 544990
tokko.co.uk
If you are a young mother or mother to be aged 14-24 years old and need help in the following areas please get in touch:

- 1-2-1 Support
- Contraception Awareness / Sexual Health Advice
- Counselling Referral Service
- Budgeting / Welfare Advice
- Professional Emotional Support
- Domestic Abuse Support
- Support In Meetings
- Referrals to other Agencies

Contact Nikki on: 01582 544990
E-mail: nicola.bennett@tokko.co.uk

If you are a young father or father to be aged 14-24 years old and need help in the following areas please get in touch:

- 1-2-1 Support
- Preparing for Employment
- Budgeting / Money Advice
- Benefit Welfare Advice
- Parenting Skills
- CV Writing Support
- Counselling support
- Advocacy (Help and support at meetings)

Contact Neil on: 01582 544990
E-mail: neil.hannah@tokko.co.uk

Are you a young parent up to 24 years with children 0-2 years?

Then come along to tokkonatotz every Wednesday from 12:30pm—14:30pm

A young parent and toddler group where you can:

- Socialise With Other Young Parents
- Play With Your Children In a Fun, Safe Environment and Make New Friends.
- Develop the Importance of Learning Through Play
- Healthy snack are provided with water and squash

Contact Dani on: 01582 544990
Email: Danielle.kavanagh@tokko.co.uk