There are 101 reasons to call time on Hate Crime

Because

- Hate Crime is a serious offence and
 - You deserve to sleep easy.

Yet some victims and witnesses don't report hate crime because "it happens too often to report." Fact: the police need to know about every incident to be able to help you and bring the offender to justice.

You may be "worried what will happen to me if I say something." Fact: talking to a support service or the police puts you in touch with experts who can help you understand what has happened and how you can be supported.

Another concern is: "I may be outed." Fact: the police and support services will not give information about you to anyone else without your agreement.

Remember: you can report any incident or crime face to face, by phone, text, or email. Interpreters can help you at any hour of the day. Special arrangements can be made for disabled people, and for anyone who needs an appropriate adult to be with them.

Call 101. Get it done.

Call 101. Get it done.

You can report Hate Crime by calling Bedfordshire Police on 101 or, if it's an emergency, 999.

Or you can text them on: 07786 200011.

Send them an email: enquiries@bedfordshire.pnn.police.uk

Or find out more about the help available by going to: www. bedfordshire.police.uk

Or call Crimestoppers anonymously











SHOUT OUT AGAINST CHATE CRINE

Don't wait to stop the hate

Report It. NOV!











Hate Crime is mean and horrible

You might find that someone is dishing out the hate because of who you are.

This might be because you are physically **disabled**, have learning difficulties or are in mental or emotional distress.

It might be because of the **colour of** your skin. Or because of your religion or beliefs.

It might be because of your **gender identity** or your **sexual orientation**.

But none of these things are anyone's business but yours. None of these things mean that someone can hound you, or verbally or physically abuse you.

Anyone who bullies, threatens or attacks you because of who you are is committing Hate Crime.

What is Hate Crime behaviour?



- Physical attacks on the victim or their family or carer, damage to their property or pets, offensive graffiti and arson.
- Threat or attack such as offensive letters, abusive or obscene phone calls, behaviour intended to scare the victim or making malicious complaints.
- Verbal abuse or insults in offensive leaflets and posters, abusive gestures, rubbish dumped outside the victim's home or through their letter box, or bullying at school or at work.

What can you do?

- Go to a safe place.
- Report it to the police.
- Talk to someone you can trust

Support is not far away

There are people and groups who can help you. They include specially trained police officers and specialist services who will understand what you are going through. They want to support you and help you to feel safe again.

Some support is face to face. Or you can talk on the phone.

Contact details for people who are there for you are on the back page of this leaflet.

How to report a Hate Crime

- If you are in danger or a crime is happening now, call 999 and ask for the Police.
- If you do not need emergency help, phone 101.
- All such calls are taken seriously and what you say can be in strict confidence.