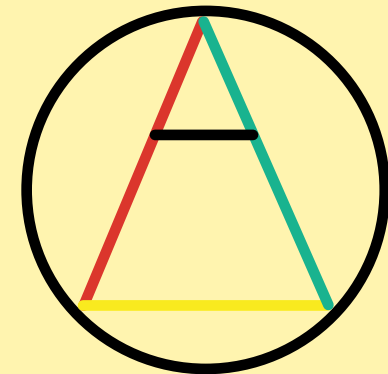


This leaflet explains how the Ashanti Team can support adults from African and Caribbean backgrounds with mental health problems. If you would like to have a copy of this leaflet in a community language, larger print, Braille or on audio tape please contact 01582 547659

Ashanti Community Support Team



*helping adults from
African and Caribbean
backgrounds
with mental ill-health*

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Who are we?

The Ashanti Team works with adults from African and Caribbean backgrounds who have mental ill-health.

We work to make sure our clients receive the appropriate support in the community so they can maintain their mental health and independence.

We do this by

- Helping clients to develop support networks in their own community
- Helping them to use mental health services
- Letting other people know about the cultural needs of people from African and Caribbean backgrounds

Services

We offer

- Help and advice for people with hospital appointments
- Help with benefits
- Support to learn independent living skills
- Informal counselling
- A Caribbean luncheon club
- Help with housing matters
- Support for carers

How to get help

A doctor, social worker, care professional, friend or relative can contact us on your behalf. You can also call us yourself. Our staff are able to speak Patois.

We will arrange to meet you and find out more about you. We will then plan together the right support for you and how you can receive it. If the Ashanti team is part of that support, a Community Support Worker will work together with you. The support you receive will be reviewed regularly.

Quality

We aim to give our clients a high quality service, following Luton Borough Council's policies, procedures and good practice guidelines.

If you are not happy with the service, we would encourage you to talk to your Community Support Worker or the Unit Manager. We will listen to your concerns and respond to them. You can also use the Social Services' Complaints Procedure.

How to contact us

Opening Times	Monday – Thursday 9.00am – 5.15pm Friday 9.00am – 4.20pm
	01582 560895/560852/560892
Fax	01582 490061
e-mail	AshantiHouse@luton.gov.uk

You can also visit the Council's website: www.luton.gov.uk