

## Supported living

If you have a learning disability, you may like to know about supported living. This is a scheme offered by the council's Adult Learning Disability Service to provide accommodation and support to help you to live in your own home within the community.

### How does it work?

You can live alone or share a house or flat with other people, but you will have your own tenancy agreement.

As those who choose supported living have a wide range of needs, we support you on an individual basis, depending on your own personal needs and support plan. Some of you may have complex needs and require support 24 hours a day, while others may be relatively independent and only need support for several hours a week.

Whatever level of help you need can either be provided or bought for you by the council, or you can be given the money you need to buy the support yourself. This is called a direct payment. The advantage of this is that you can be more in control of the support you receive. Help is given to you by an independent agency to manage the process.

### What kind of support is available?

We offer a wide range of support – from assistance with personal care, meals and maintaining a safe environment, to help with domestic tasks, accessing community facilities and managing bills.

**If you need this in large print, on tape or in**

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**01582 54 75 23**

**Full details, forms and advice are available from:**

**[www.luton.gov.uk/learningdisabilities](http://www.luton.gov.uk/learningdisabilities)**

**[supportliving@luton.gov.uk](mailto:supportliving@luton.gov.uk)**

**Adult Social Care Team  
Luton Borough Council  
Clemitson House  
14 Upper George Street  
Luton  
LU1 2RP**

**Tel: 01582 54 76 60**

## **How is supported living different from residential care?**

There are a number of differences between supported living and residential care:

- compared with those living in residential care, people in supported living have a wider choice and control over where they live and the carer who supports them
- residential homes tend to be larger, and the care support and accommodation generally come from the same provider
- the services are funded and paid for differently – this will be explained when your social worker and community care worker talks to you about what service best meets your care needs

## **What do I need to do?**

If you or someone you care for has a learning disability and you would like to find out more about supported living, you should contact your social worker or ask about the service at your next assessment or review.

If you do not have an allocated social worker or community care worker, you can contact the Adult Social Care Contact Team on 01582 54 76 59.

A social worker or community care worker will complete an assessment with you and we will talk with you to see if this kind of support will be appropriate for your needs. If supported living is agreed, we will work with you to find the right accommodation and support.