

The Promoting Independence Team

The Promoting Independence Team is an established team committed to working alongside other professionals, parents and carers. It enables people with learning disabilities to become as independent as possible through assessment, training and support programmes.

What does the Promoting Independence Team do?

If you have a learning disability, we will help and support you to learn new skills so that you can live as independently as possible in your own tenancy or family home.

How can you help me become independent?

We first of all find out what skills you already have. This is called an assessment. We ask you to do different tasks, such as washing up or ironing, over a period of about eight weeks.

If you have difficulty with any of the tasks, we will show you other ways to do the task to assist you and make sure you are safe. This is called a training programme.

We will work with you in our training flat or in your own home if you prefer.

Will I get help with moving?

If you decide you want to move into a house or a flat of your own, we will help you to choose furniture, assist with contacting gas and electricity companies, and any other tasks to support you with your day-to-day needs.

If you need this in large print, on tape or in

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01582 54 75 23

Full details, forms and advice are available from:

**[www.luton.gov.uk/
learningdisabilities](http://www.luton.gov.uk/learningdisabilities)**

learningdisabilities@luton.gov.uk

**Promoting Independence Team
Unity House
111 Stuart Street
Luton LU1 5NP**

Tel: 01582 50 55 08

How do I get support?

If you have a social worker or community care worker, you can ask them to contact us for you. This is called a referral. If you don't have a social worker or community care worker, you or a friend or parent can ring 01582 54 76 59. This will put you through to the adult social care contact team who will arrange for a social worker or community care worker to speak to you.

Will my support be monitored?

About six weeks after we begin working with you we will check that you are happy with the support we are providing. This is called a review. If we support you for a long time, we will review our work with you at least once a year.

If you are not happy with the support we give you, you can let us know your complaint by filling in a complaints form – someone can help you to do this – or you can telephone the complaints officer on 01582 54 77 00.

Do I have to pay?

No, you do not have to pay for this service.